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# Environmental Stress & Trauma model of Pathology, (EST-003-A)

And it's relation to Enhanced Interrogation procedures also known as Clean Torture. [Excerpted from unpublished manuscript; some citations may be truncated. This abridged version may contain redundancies, and is subject to major revision.]

## American Psychiatric Association Fraud & the Kraepelian 'Paradigm':

This paper will first outline the Environmental Stress & Trauma model in use by interrogators, then compare that model with the diagnostic criteria set forward by both the American Psychiatric Association, and Meloy in his "Threat Assessment Management," , program which is taught to both State & Federal Law Enforcement.

What's notable about these two models, is that the Environmental Stress & Trauma model used by interrogators, is not the same one used to assess injuries caused by these interrogations.

The underlying premise of the Freudian, Environmental Stress & Trauma model, used in Enhanced Interrogative methods, is this:

"...under conditions of stress the normal controlling mechanisms become weakened and [things] which had hitherto been completely suppressed gradually obtrudes into consciousness..."<sup>3</sup>

It posits, that under a certain amount of stress<sup>4</sup> any given person will 'crack', (which is to say have some type of acute psychotic break, or experience ego-fragmentation.)

Thusly, a person will also 'cooperate', <sup>5</sup> under such stress, as the only means of relieving the burden placed upon them; with 'cooperation' being relative to the whims of the torturer.

This cooperation, can be as simple as agreeing or admitting they are 'terrorists' or otherwise guilty of whatever claims the torturer has made against them; as the victim's only means of making the abuse stop.

The Kraepelian model, (in use by the American Psychiatric Association<sup>6</sup>, Physicians for Human Rights<sup>7</sup>, and Meloy) posits<sup>8</sup> a healthy person, under no amount of exposure to stressful or traumatic

<sup>1</sup> Simons, Andre, and J. Reid Meloy. "Foundations of threat assessment and management." Handbook of behavioral criminology. Springer, Cham, 2017. 627-644.

<sup>2</sup> The methodology of T.A.M. is fundamentally unsound, in that: (a) There is no null-hypothesis, (b) Meloy does not acknowledge [equipotentiality, (Morris I. Stein)] (c) it is employed interventionist causality.

<sup>3</sup> The Lancet, "A Lecture ON THE PSYCHOLOGY OF COURAGE." Volume 201, ISSUE 5199, P779-785, 21 April 1923.

<sup>4 &#</sup>x27;a state of mental or emotional strain or tension resulting from adverse or very demanding circumstances'

<sup>5</sup> Gudjonsson, Gisli H. "A new scale of interrogative suggestibility." Personality and individual differences 5.3 (1984): 303-314.

<sup>6</sup> Diagnostic and Statistical Manual of Mental Disorders: DSM-5. Arlington, VA: American Psychiatric Association, 2017.

<sup>7 &</sup>quot;Examining Asylum Seekers: A Health Professional's Guide to Medical and Psychological Evaluations of Torture," Physicians for Human Rights, August 2001.

stimuli, will experience any form of mental disorder, or distress.9

If this paradigm were true, then deliberately exposing Subjects to stress, pursuant to an abusive interrogation, would be of no useful result.

Mental or emotional disturbances may be separated by etiology, into three categories:

- Dark Triad [developmental] disorders (sociopathy, psychopathy, pathological narcissism,)
- Organic Disorders (dementia, Alzheimer's, palsies, and poisoning)
- Environmental Stress & Trauma disorders (transient stress, torture, rape, abuse.) 10

The etiology of schizophrenia (ego-fragmentation,) & parergastic reactions (emotional regression,) are classified by the American Psychiatric Association as organic, rather than EST disorders.

It is used as a catch-all category for any, and all types of disturbances in practitioners too lazy, or too incompetent to differentiate them; thus making the term essentially meaningless. In the process, it has taken on the qualities of an urban folklegend<sup>11</sup>.

(Similar to leprosy, witchcraft, or contagion; and has even become a slur, for socially undesirable people.)

### **Artificially Induced Ego-Fragmentation or non-endogenous Schizophrenia:**

Dr. Wells again in 1940 acknowledges in one of his papers the existence of, or possibility to artificially induce dissociation<sup>12</sup>; Work which was conducted in parallel by W.H. Gantt<sup>13</sup>.

<sup>8</sup> Sartorius, Norman. Sources and Traditions of Contemporary Psychiatry. Toronto: Hogrefe & Huber, 1990. p. 108-112; "Neo-Kraepelinians <...> a boundary exists between the normal and the sick,"

<sup>9</sup> Post-traumatic stress disorder as a diagnostic category does not encompass wholesale ego-fragmentation resultant from prolonged abuse; let alone address concepts such as learned helplessness, eg. Also see: ICD-10: *Z65.4 - Victim of crime and terrorism*, *F44.80 - Other dissociate and conversion disorders* Wilson, John P, and Beverley Raphael. International Handbook of Traumatic Stress Syndromes, 1993; "Problems with DSM-III-R in Relation to Torture Victims," p. 673-677; "...Engdahl and Eberly (1990), that "it is curious that in a diagnostic manual that purports to eschew etiologic considerations (on grounds of insufficient knowledge) PTSD is the lone companion."

p. 118-127 "...the DSM III deviates from its own precepts, indicating that further work in these areas is required," "...the concept of schizophrenia broadened, it came to encompass all nonorganic psychoses...the expanded diagnostic category of schizophrenia came to include many nonpsychotic states...even though these states might not involve impairment of reality testing,"

Felix, R H, and Seymour Fisher. Child Research in Psychopharmacology. Springfield, Ill: Thomas, 1959, p. 26-33; "The lack of a commonly agreed upon system of classification has led many clinicians to forego any attempt at systematics and to employ the scrapbasket category, emotionally disturbed, which renders comparison between therapeutic studies almost meaningless."

<sup>10</sup> It should be noted that out of the three, persons with Dark Triad traits are those which most commonly present a particular danger to the public; it is also one of the least often screened for categories, and is found frequently in high-functioning persons such as those in corporate finance, law, and government.

<sup>11</sup> Brunvand, Jan H. The Choking Doberman: And Other "new" Urban Legends. New York: W.W. Norton & Company, 1984. Print.

Wells, Wesley Raymond. "Ability to resist artificially induced dissociation." The Journal of Abnormal and Social Psychology 35.2 (1940): 261.

Gantt, W H. Experimental Basis for Neurotic Behavior; Origin and Development of Artificially Produced Disturbances of Behavior in Dogs. Sponsored by the American Society for Research in Psychosomatic Problems. New York: Paul B. Hoeber, Inc., Medical Book Department of Harper & Bros, 1944. Print.

By 1941 Dr. White<sup>14</sup> had advanced these early theories of the 1920's to such a point, that we now have terms, or concepts [Freudian,] of ego-fragmentation. This is the same ego-fragmentation<sup>15</sup> mentioned in legal briefs regarding the sequelae suffered by Guantanamo Bay detainees.

"state of temporary fragmentation," "compulsion neurosis," "worked into a state of violent emotion," "non-voluntary, bizarre behavior," "splitting of the personality," 16

The last quote is particularly important here in this context. The Splitting of Personality (or ego-fragmentation, dissociation, 'dislocation', etc.) is the layperson term for Schizophrenic reaction. (Schizo-phrenic meaning 'split mind'.)

However, it is not due to endogenous faults, but the result of specifically calculated psychiatric techniques, or calculated medical abuse; Induced intentionally, by the victim's captors.

Essentially, this state occurs only under extreme trauma, outside the normal human experience; whereupon it is compartmentalized, from the conscious ego, so that it may continue to engage in survival functions necessary for the sustainment of life.

It is only in the re-integration to the ego, (or conscience confrontation,) of such trauma, that these symptoms reappear<sup>17</sup>. [Also see: Emotional dysregulation.]

It is not in fact an "illness," per se, but an adaptive mechanism which evolved to ensure the survival of the species; even under the most horrific of circumstances.

We are speaking about Trauma, outside the organisms ability to respond, or adapt successfully within a wholly integrated ego, (personality, or concept of self.) <sup>19</sup>

White, Robert W. "A preface to the theory of hypnotism." The Journal of Abnormal and Social Psychology 36.4 (1941): 477.

<sup>15</sup> Referred to as here as 'dislocation': USA v. Khalid Shaikh Mohammad et al., 3 Sept. 2012, AE 200, Motion to Dismiss, Violates Convention Against Torture, Military Commissions Trial Judiciary, Guantanamo Bay Cuba; "psychologically dislocate,"

UNITED STATES OF AMERICA v. KHALID SHAIKH MOHAMMAD, WALID MUHAMMAD SALIH MUBARAK BIN 'ATTASH, RAMZI BIN AL SHAIBAH, AMMAR AL BALUCHI (ALI ABDUL AZIZ ALI), MUSTAFA AHMED ADAM AL HAWSAWI, MILITARY COMMISSIONS TRIAL JUDICIARY GUANTANAMO BAY, CUBA, AE 038 JOINT DEFENSE MOTION TO CEASE PSYCHOLOGICAL DISLOCATION TECHNIQUES AND DENIAL OF DETAINEES' RIGHT TO DRESS IN THE CLOTHING OF THEIR OWN CHOOSING, 11 May 2012, https://lawfare.s3-us-west-2.amazonaws.com/staging/s3fs-public/uploads/2012/08/AE038.pdf

White, Robert W. "A preface to the theory of hypnotism." The Journal of Abnormal and Social Psychology 36.4 (1941): 477.

<sup>17 &</sup>quot;The Report of the War Office Committee on "Shell-Shock"." The Hospital and health review vol. 1,13 (1922): 393-402. "any type of person may suffer from one or other form of neurosis if exposed for sufficient time to the conditions of modern warfare, there was first some kind of mental or physical exhaustion of a cumulative nature, then some emotional disturbance acted as an exciting cause...sweating and rapid action of the heart persisted or revived on slight emotional stimulation "

 <sup>18</sup> Mintz, Alexander. "Non-adaptive group behavior." The Journal of abnormal and social psychology 46.2 (1951):
 150.
 Reich, Annie. "Pathologic forms of self-esteem regulation." *The psychoanalytic study of the child* 15.1 (1960): 215-

<sup>19</sup> Jacobson, Edith. "The self and the object world: Vicissitudes of their infantile cathexes and their influence on ideational and affective development." The psychoanalytic study of the child 9.1 (1954): 75-127.

This later evolved into what today is known as the Sense of Coherence model, first suggested by Aaron Antonovsky<sup>20</sup>; and is in use today by researchers such as Dr. Sefik Tagay, & Wolfgang Senf<sup>21</sup>. (Author's note: Dr. Tagay & Senf are not part of the American medical community per se, however reside & work in Europe.)

By 1941, the American Medical & Intelligence community had hit upon the core of what would later evolve into the CIA's torture program: The intentional, and artificial inducement of a medical disorder.

## **Tort-liability Prevention Model:**

Signs or symptoms of distress, pursuant to abusive interrogation procedures, are systematically categorized as a pre-existing condition, by the Diagnostic Statistical Manual, for which the tort-feasor holds no liabilities, actual or potential.

When confronted with demands for substantiating, or clarifying information the practitioners simply claim the processes they describe are 'not well understood.' (A policy of Deliberate Ignorance,<sup>22</sup> where it concerns the architects of these interrogation models.)<sup>23</sup>

Such a policy is very useful for Human Rights Abusers; However, the Kraepelian model isn't supported by scientific evidence, but merely assertions of faith.

It wasn't until 2016, that any connection could be found to support the 'alternative hypothesis' whatsoever:

"The study represents the first time that the origin of this psychiatric disease has been causally linked to specific gene variants and a biological process."<sup>25</sup>

Hundreds of millions of dollars have been invested to find evidence to 'prove' a racial theory, which for the preceding 100 years had no scientific basis to support it. It is not clear however if these epigenetic variants or processes are the result of environmental stressors, rather than the cause.

"Given the current state of knowledge in many of the relevant areas, much of the model is highly speculative."

<sup>20</sup> Antonovsky, Aaron. Unraveling the Mystery of Health: How People Manage Stress and Stay Well. San Francisco/Calif. u.a: Jossey-Bass, 1988. Print.

<sup>21</sup> Tagay, Sefik, Wolfgang Senf, et al. "Eating disorders, trauma, PTSD, and psychosocial resources." Eating disorders 22.1 (2014): 33-49.

<sup>22</sup> Robbins, Ira P. "The ostrich instruction: Deliberate ignorance as a criminal mens rea." J. Crim. L. & Criminology 81 (1990): 191.

<sup>23</sup> Daniel, et al. "Multidisciplinary Perspectives on Military Deception." DTIC, 1980 apps.dtic.mil/sti/citations/ADA086194.

<sup>24</sup> The Rockefeller Foundation, which was motivated by Eugenics or Racial Purity concerns, referred to Kraepelin's methodology as the 'alternative hypothesis,' in annual reports published prior to WWII, (mental disorders were hypothesized to be due to genetic deficiencies, inherent in non-white races,) which PHR has re-framed confusingly as the "classical paradigm," here.

<sup>25</sup> Goldsmith, P. (2016, January 27). Biological Origin of Schizophrenia. Biological Origin of Schizophrenia | Harvard Medical School. https://hms.harvard.edu/news/biological-origin-schizophrenia.

"We are seeking to explain the basic psychological dysfunction that characteristics schizophrenia. This way of formulating the problem supposes that there indeed exists a basic psychological dysfunction in schizophrenia;"<sup>26</sup>

The U.S. is sponsoring this type of neuropsychiatric research now<sup>27</sup>, on immigrant children<sup>28</sup>, (and their parents, at Torture Victim Centers); who were subjected to deliberately ego-fragmenting procedures upon their arrival to the U.S.

When employing procedures of Torture, (aka 'Enhanced Interrogations,) interrogators use the EST model<sup>29</sup>, and when diagnosing the sequelae of Torture, use the Kraepelian model<sup>30</sup>.

This is done knowing, that Kraepelian guidelines, and methodology, will be ineffective at documenting, or accounting for the sequelae of these procedures; thus relieving themselves of the potential criminal or civil burdens of harms deliberately caused.

The Kraepelian model asserts that all mental disorders, or emotional distress is caused by underlying, undocumentable 'brain lesions.' This theory was disproven as early as 1929; and is considered 'pre-Freudian,' psychology.

This model is also heavily favored by Pharmaceutical companies, which are able to sell medications, to correct these hypothesized "imbalances," alleged to be pre-existing in victims of torture; and remedies then do not require any changes to environmental causes.

There's a cruelty in such a policy, in which the victim of torture, who has already had every last vestige of privacy, or independence stolen from them,<sup>31</sup> is then, under the ambit of 'care', placed into the custody of the very State which violated those rights in the first place, and subjected to additional intrusions of privacy, into the most sacred place any of us have, our thoughts.

These guidelines do not constitute 'treatment' of the ego-fragmented person, but represent a Coup de grâce.

Bayona, Erik. "The Mental Health of ICE Detainees and Their Families." (2019): 2-3.

https://ajp.psychiatryonline.org/doi/pdf/10.1176/appi.ajp-rj.2019.140101

Timsit, Annabelle. "The Most Shocking Abuse Allegations against Shelters for Immigrant Children." Quartz,

Quartz, 22 June 2018, qz.com/1310544/the-shiloh-treatment-center-has-been-accused-of-child-abuse/. Ramshaw, Emily, and Terri Langford. "TribBlog: State Shuts Daystar Center." The Texas Tribune, 7 Jan. 2011, www.texastribune.org/2011/01/07/after-death-ruled-homicide-state-shuts-facility/.

Shilo Treatment Center, Inc., Shiloh II, LLC, Behavior Training Research, Inc., and Clay Dean Hill v. Destin Ed Ward (2015)

29 Cognitive – Behavioral (Freudian, ['Forensic psychology' / PhD Psychiatry])

<sup>26</sup> Gray, Jeffrey A., et al. "The neuropsychology of schizophrenia." Behavioral and Brain Sciences 14.1 (1991): 1-20.

<sup>27</sup> SFCC Hosts September Conference with Leading Expert on Child Trauma and Mental Health, Santa Fe Community College, 6 June 2019.

<sup>28</sup> And others; eg.:

<sup>30 &</sup>quot;Biological Psychology" [APA-DSM / Master's of Social Work, (genetic superiority theory)] WAC 246-924-046, 
"(a) Biological bases of behavior. For example: Physiological psychology, comparative psychology, neural bases of behavior, sensation and perception, and biological bases of development;" treatment with pharmaceuticals (victim blaming,) rather than addressing environmental causes ie continuing abuse, rape. {Adapting persons to their environment; rather than adapting environments to suit persons; as a Political Strategy, to repress dissent, [Applied Psychology.]}

<sup>31</sup> Rebuilding shattered ego, and sense of self (object relations,) with privacy, and respectful boundaries; rather than additional unwelcome intrusions.

This really encompasses the whole issue of torture / enhanced interrogations, whereas the State claims eminence in both the policing, and forcible alteration of the thought processes & beliefs, of persons under it's physical control.<sup>32</sup>

By shifting the burden of liability to the victim, tort-feasors share no costs for any responsibility their acts have caused.

#### **Environmental Stress & Trauma Model:**

[Stress Modeling]<sup>33</sup>

Emil Kraepelin's theories are first said to have come about in 1896; however his work on Dementia Praecox was not published in the United States until 1919, due to World War I and trade prohibitions with Germany. This was three years before the first study on Shell-Shock<sup>34</sup>, (today known as PTSD,) was published by the Crown.

By 1929 however doctors, utilizing the "newer psychology," of Freud began exploring the hypothesis that the majority of emotional disturbances were the direct result of abuse or other traumatic stressors.

We can see three studies, with one published in 1921, which form the basis modern Torture & Interrogation methods, in use by Western Intelligence Agencies today.

"...structures underlying the fighting instinct had survival value during probably millions of years of ancestral life, human and pre-human."<sup>36</sup>

The MKULTRA research program was essentially founded on the following premise: Exploiting Millions of Years of Instinct.

This also underlies the basis for hypnosis, or the tonic immobility response of animals under threat. (ie. "Deer in the Headlights," "Playing Possum.")

However, the MKULTRA was not founded upon the theories of Kraepelin, but the new science of Environmental Stress & Trauma.

In his paper Wells recognizes the following:

"over and above habits. . .there are instincts," "due solely to environmental conditions,"

<sup>32</sup> Rome Statutes: "Enslavement" means the exercise of any or all of the powers attaching to the right of ownership over a person and includes the exercise of such power in the course of trafficking in persons, in particular women and children;

<sup>33</sup> *Errata* to include Stress Modeling; in additional detail.

<sup>34</sup> The study was conducted on both pilots, and infantrymen. Despite a lack of exposure to explosive shells that men in the trenches directly experienced, some pilots still experienced nervous disorders, originally hypothesized to be due to hematomas.

<sup>35</sup> Hohman, Leslie B. "Parergastic reactions and reaction types: schizophrenia." Archives of Neurology & Psychiatry 21.5 (1929): 1154-1177. "The growth of Freudian psychology...psychologic deviations do not come out of a clear sky but are understandable in terms of life experiences and conflicts...Bleuler was quick to recognize the improtance of this newer psychology."

Wells, Wesley Raymond. "The value for social psychology of the concept of instinct." The Journal of Abnormal Psychology and Social Psychology 16.5-6 (1921): 334.

As well as the birth of what would become known today as Identity Threat theory, <sup>37</sup> when he states:

"the chief motivating power in human behavior," "fear, anger, and the sexual emotion,"

(Motivation, is also one of the key aspects to theory of hypnosis, and hypnotically induced behavior.)

The work of persons such as Wells, eventually shifts post-war to explore the aspect of eliciting emotions, and the study of corresponding stimuli:

"James, McDougall, and others have pointed out the chief stimuli that call forth the instinctemotion of fear, namely, strange objects, intense stimuli such as loud noises, etc."

And eventually, into entire systems models, developed by persons such as Triandis,<sup>38</sup> and outlined by others such as Watts.<sup>39</sup> Today, via computer mediated communications technologies (Social Media,)<sup>40</sup> entire Data Centers have streamlined the process of covert collection of psychometric data, which is stored, and analyzed in vast databases, the original dream of Luce & Raiffa<sup>41</sup> and Project Camelot.<sup>42</sup>

## Psychometric Stress Modeling – Errata (abridged):

- Kessler, R. C. (1979). Stress, social status, and psychological distress. Journal of Health and Social Behavior, 20(3), 259–272. https://doi.org/10.2307/2136450
- Hosek, James, Jennifer Kavanagh, and Laura L. Miller, How Deployments Affect Service Members. Santa Monica, CA: RAND Corporation, 2006; https://www.rand.org/pubs/monographs/MG432.html.

"The formula for the unconditional reflex is UR = a + bQ, ie, a linear relationship, while for the conditional reflex the formula is exponential, viz, cr = a + b (1 - e [-cQ]) where a, b c are constants for a given dog, UR and cr the unconditional reflex and conditional reflex

<sup>37</sup> Branscombe, Nyla R., et al. "The context and content of social identity threat." Social identity: Context, commitment, content (1999): 35-58.

<sup>38</sup> Triandis, Harry C. "Toward a psychological theory of economic growth." International Journal of Psychology 19.1-4 (1984): 79-95.

<sup>39</sup> Watts, Meredith W. "BF Skinner and the technological control of social behavior." American Political Science Review 69.1 (1975): 214-227.

<sup>40</sup> Kiesler, Sara, Jane Siegel, and Timothy W. McGuire. "Social psychological aspects of computer-mediated communication." American psychologist 39.10 (1984): 1123.
Diesner, Jana, and Kathleen M. Carley. "Relation Extraction from Texts and Computational Integration of Words and Networks." CASOS Summer Institute 2010, Carnegie Mellon, www.casos.cs.cmu.edu/projects/automap/Jana\_Poster.pdf.
(etc.)

<sup>41</sup> Serious Games; Econometrics;

Luce, R D, and Howard Raiffa. Games and Decisions: Introduction and Critical Survey. New York: John Wiley & Sons, 1967, p. 5; "...why does the mathematician not use the culled knowledge of human behavior found in psychology and sociology when formulating his assumptions? The answer is simply that, for the most part, this knowledge is not in a sufficiently precise form to be incorporated as assumptions in a mathematical model."

<sup>42</sup> Herman, Ellen. The Romance of American Psychology: Political Culture in the Age of Experts. Berkeley: University of California Press, 1997. Print.

response in units of secretion, Q the quantity of food by which the conditional signal is habitually followed and e the base of natural logarithms"

-WH Gantt 1944, p. 1

- Greenberg, Leslie S, and Jeremy D. Safran. Emotion, Psychotherapy, Change. New York, Guilford Press, 1991.
  - Atkinson, Richard C., William K. Estes, "STIMULUS SAMPLING THEORY," TECHNICAL REPORT NO. 48, 1 JULY 1962, PSYCHOLOGY SERIES, STANFORD UNIVERSITY. (et al.)
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- Anger, Douglas. "The role of temporal discriminations in the reinforcement of sidman avoidance behavior 1." Journal of the Experimental Analysis of behavior 6.S3 (1963): 477-506.
- Behrend, Erika R., and M. E. Bitterman. "SIDMAN AVOIDANCE IN THE FISH 1." Journal of the Experimental Analysis of Behavior 6.1 (1963): 47-52.
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- Sidman, Murray. "Two temporal parameters of the maintenance of avoidance behavior by the white rat." Journal of Comparative and Physiological Psychology 46.4 (1953): 253.
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  - "Geheimpolizei," Lykaion Publishing, 2020. [Clean Torture & Enhanced Interrogation]
  - "MHCHAOS-003-A," Lykaion Publishing, 2022. [Repression of Dissent]
  - "Political Abuse of Psychiatry," Lykaion Publishing, 2021. [Repression of Dissent]
     {Ongoing series regarding Torture & Human Rights Abuses in the United States.}
     [Organized Labor]

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